



Kirby Tennis Club, Kirby Playing Fields, Halstead Road, Kirby Cross, Essex

Kirby Tennis Club Junior Club Coaching Programme 2010



Tennis group coaching for all abilities for children aged 6-18. If you're a beginner or a performance player we have the right group for you. Our programme is open to non-members and members of Kirby tennis club.

Contact Matthew Watson (LTA LEVEL 3 QUALIFIED)

For more information

Tel: 07708548920

Email: acetennis@sky.com



www.kirbytenniscub.co.uk



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How to book

We welcome enquires and bookings over the phone, email and by post. In order to guarantee a slot in a group we need to receive a booking form and payment prior to the start of the course. Courses are booked on a first come first serve basis please book early to avoid disappointment.

PLEASE MAKE ALL CHEQUES PAYABLE TO MR M WATSON

Booking Form

Name:.....

Age:.....D:O:B.....

Address:.....

.....

Tel:.....

Tennis Group:.....

Medical Conditions:.....

Email:.....

Sms:.....

Please send all bookings to the address below

Mr M Watson
6 Frinton Road
Kirby Cross
Frinton on sea
Essex
CO13 0LF



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Tennis Group Information

Here is a guide which gives information about the tennis groups at Kirby.

Mini Tennis

Mini tennis is designed for children aged 6-10 and gives children the chance to play. There are three stages of mini tennis red, orange and green.

Red stage

Is for children aged 8 and under. It is played on a smaller court with smaller rackets and transition ball. Mini tennis red gives you the chance to learn how to develop shots in the game as well as rallying.

Orange stage

Is for children aged 9 and under. It is played on a larger court than red using slightly larger rackets and a smaller transition ball. Different shots and techniques are learned in this stage with more competition

Green Stage

Is for children aged 10 and under. It is played on a full tennis court using ball slightly lighter and softer than a hard yellow ball. More tactical elements are brought into the game as well as recapping on technical parts of shots within the game.

Yellow

Is aged for children aged 11 upwards. At this children will be playing on a full court without the aid of any mini tennis equipment. Most shots of the game should be in place through mini tennis. Children will looking to play and compete more within groups and outside of the club. Groups that are in our programme in the yellow stage are performance, fast track, teen, girls and development.



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Coaching Groups information

All Coaching groups are in 6 week blocks with payment upfront required for all sessions. All Tennis courses will start week commencing February 22nd. All Payments will be required before the start of the course.

Tennis Coaching Groups Time table

Day	Time	Group	Cost
Monday	6:00pm-7:00pm	Performance Tennis	£30.00
Tuesday	5:00pm-6:00pm	Fast Track Tennis	£30.00
Tuesday	6:00pm-7:00pm	Yellow	£30.00
Friday	4:00pm-5:00pm	Mini Green Tennis	£30.00
Friday	5:00pm-6:00pm	Improvers Tennis	£30.00
Saturday	10:00am-11:00am	Mini Tennis Orange/Red	£30.00
Saturday	11:00am-12:00pm	Junior Tennis	£30.00
Saturday	12:00pm-1:00pm	Development Tennis	£30.00

Individual Tennis Lessons

We offer private tennis lessons at the club to members and non members.

A lot more is learned within a one to one lesson catering for players individual needs.

These lessons can be booked through the coach by ringing and arranging a suitable time.

Costs

£18.00 per hour

£14.00 per 45 mins

£12.00 per 30 mins

To book a lesson please phone Matthew on 07708548920